

**HEALTH, AGING AND SOCIETY 1AA3:
INTRODUCTION TO HEALTH AND SOCIETY
Summer 2020**

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Learning content: Asynchronous learning content organized into three Modules (Module 1: June 22-July 8; Module 2: July 9-July 29; and Module 3:

July 30-August 7). Please see [class format](#) below for more details.

Office Hours: Please see [description](#) below for more details about online office hours

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Course Description

This course will critically examine social, political, cultural, economic, and professional/institutional factors that impact both our perceptions of and actual states of health, wellness, well-being, illness, and health care. In order to explore the diverse field of health studies, the course is divided in three parts. In the first part of the course, we will learn about the field of health studies, as well as what critical health studies is; examine how health, illness, wellness and well-being are socially constructed; and finally, discuss the social determinants of health. The second part of the course will examine health care systems; health care policies; the use of technology; and, health consumerism. The third part of the course explores globalization and ethics in health and health care. Students will have the opportunity for hands-on exploratory learning in the areas of health social movements, as well as alternative and complementary approaches to health and health care through the completion of an individual or group-written assignment.

Course Objectives

- Gain a critical understanding of the field of health studies
- Understand how definitions and states of health, wellness, well-being, and illness are constructed
- Explore how the social determinants of health impact our states of health, illness, wellness and well-being
- Examine different health care systems and policies to determine how systems of health impact individual and population health
- Learn about different health advocacy groups and their role in the construction of health and illness
- Explore the role of technology and health consumerism in health and illness
- Understand the diversity of ethical issues in health and health care
- Improve critical reflection skills, as well as research and writing skills through completion of assignments and in-class/tutorial discussions
- Engage in scholarly debate with classroom colleagues through in-class/in-tutorial participation and in tutorial activities

Materials and Texts

Required Text

- Gillett, James, Andrews, Gavin J., and Savelli, Mat. 2016. *Health and Society: Critical Perspectives*. Don Mills, Ontario: Oxford University Press.

Recommended Text

- Haig, J., MacMillan, V., Raikes, G. (2017). *Cites & sources, An APA documentation guide*, (5th ed.). Toronto: Nelson.

Both course textbooks are available for purchase through the McMaster University's bookstore website in both hard and e-copy formats.

Class Format

This is an online course that is held asynchronously – meaning that other than scheduled test dates/times and assignment due dates, students will self-direct their learning of the three modules at their own pace within the given time frame set aside for each module. The class is organized in this way to ensure equitable access to course materials without needing to be online at a given time or date (other than scheduled test dates). The class is organized into three modules: Module 1 runs from June 22-July 8, 2020 (introduction to the course and Module 1, Parts 1-4); Module 2 runs from July 9-July 29, 2020 (Module 2, Parts 1-4); and finally, Module 3 (Part 1) runs from July 30-August 7, 2020. Please review the [course schedule](#) below for more information.

Each Module will be made available at 9am on the first day in which it begins in the content section of Avenue. For example, Module 1 will be available at 9am on Monday June 22, 2020, while Module 2 will be available at 9am on July 9, 2020, with Module 3 available at 9am on July 30th. Each part of each Module will contain: (1) PowerPoint slides, along with an identical PDF document, containing self-directed learning content; (2) a Word (and identical PDF document) containing additional notes to compliment the content in the self-directed learning PowerPoint (and PDF) slides; (3) A brief lecture auto-recording that summarizes the content under discussion in each part of each respective Module (*this is subject to change*). Audio files will be closed-captioned, and a transcript will be provided for those who cannot access the file. In addition to the course content for each Module, students are required to read the assigned textbook readings. Please review the [course schedule](#) below for more information on the assigned readings.

It is strictly prohibited to post, distribute, transmit, copy, etc., lecture and tutorial material/notes in any shape or form (electronically, audio, etc.,) outside of Avenue to Learn and the SAS notetaking program. This includes but is not limited to: online note sharing sites, Facebook, YouTube, Google documents, etc.,. If you miss the notes from a particular class, there is a discussion board in Avenue where you can connect with classmates to obtain the missed notes.

McMaster University is committed to an inclusive and respectful community. These principles and expectations extend to online activities including email communication, electronic chat groups, video calls and other learning platforms. It is the expectation of this course that all members of the HLTH AGE 1AA3 community (students, faculty and staff) are respectful, inclusive, considerate and professional in all course related activities and communication with one another. Thank you for joining us in ensuring that our McMaster online communities are spaces where no one feels excluded and everyone is able to enjoy learning together.

Course Evaluation – Overview

1. Individually or group written paper - 25%, due on July 3, 2020 by 11:59pm to dropbox on Avenue to Learn
2. Test 1 - 33%, on July 8, 2020
3. Test 2 - 40%, on July 29, 2020
4. Online mini-quiz on Avenue to Learn - 2%, available from 9am-5pm on Tuesday August 4, 2020 on Avenue to Learn

Course Evaluation – Details

Individually or Group Written Paper - 25%, due on July 3, 2020 by 11:59pm to dropbox on Avenue to Learn

As part of the continued commitment to accessible learning in the class, all students will have the option of working in a small group (2-3 students) or working on the task individually. In this assignment, you will look more deeply at health social movements and other health and healing practices known as complementary and alternative health. The assignment requires that you define and provide an example of each of the required concepts. If you choose to write the assignment as a group of 2 or 3, all students must contribute equally to the assignment; both individuals will receive the same grade. You also must cite properly using APA format throughout the assignment. You cannot use examples that are discussed in the textbook; this assignment requires that you do research to learn more about health social movements and complementary and alternative health providers. Please refer to Avenue to Learn for the assignment handout, assignment template, as well as a marking rubric that will be used to mark the assignment fairly and consistently. The written portion of the assignment, not including title page and references, should be no more than 3 pages in length. More information, including assignment guidelines, will be posted on Avenue to Learn during the first week of class.

Test 1 - 33%, on July 8, 2020: 65 minute timed-test with two different times to choose from to write the test (Access from 10-10:30am or 1-1:30pm)

This test may consist of the following style of questions, such as but not limited to: multiple choice & multiple selection questions, true and false questions, matching questions, and application/conceptual questions that will test your knowledge of both self-directed course lecture material and assigned readings. This test will be written online on Avenue to Learn and will be a **timed test of 65 minutes** in length.

For equity and accessibility, there are 2 test times offered on July 8. Students will only write the test at one of the times – it is up to each student to choose which time to write the test on July 8, 2020:

- 10-10:30am on July 8, 2020: Test will be accessible from 10-10:30 am, with 65 minutes to complete the test from when you log in
- 1-1:30pm on July 8, 2020: Test will be accessible from 1-1:30pm, with 65 minutes to complete the test from when you log in

This test is open-book, meaning that you can use your lecture notes and text as resources while writing the test. However, you are not allowed to collaborate with peers nor are you able to take screen shots, post photos, post questions online, access webpages for answers, or any similar behaviour/activity etc., as doing so is a form of academic dishonesty. Please see the policy [here](#) for more information. Additionally, your actions while writing the test in Avenue will be restricted as you will not be able to right-click or access other features within Avenue. Strategies are therefore in place to prevent academic dishonesty when writing the online test. Please remember that an open book testing format does not mean you do not need to keep up with class learning content or study for the tests.

If this test is missed, only Faculty-approved absences will be offered consideration for a re-write. As the test is worth 33%, students must visit their respective Faculty office with appropriate documentation for the Faculty to review as the test is not eligible for an online MSAF. If Faculty approval is obtained, the make-up date for the test is **Wednesday July 15, 2020 at 10am**. No other date or time will be offered. It is your responsibility to attend scheduled test dates. In the event of any [extreme circumstances \(see policy\)](#) that prevent the test from being held online on the scheduled test date of July 8, the test will be rescheduled to launch online on Avenue to Learn the following day (July 9) with the same two access times (10-10:30am and 1-1:30pm). While it is extremely unlikely that our test will not be held as scheduled online on July 8, it is important to have a contingency plan in place so that the test can be completed as soon as possible without disruption to your student schedule and so each student can plan in advance, accordingly.

Test 2 - 40%, on July 29, 2020: 65 minute timed-test with two different times to choose from to write the test (Access from 10-10:30am or 1-1:30pm)

This test may consist of the following style of questions, such as but not limited to: multiple choice & multiple selection questions, true and false questions, matching questions, and application/conceptual questions that will test your knowledge of both self-directed course lecture material and assigned readings. This test will be written online on Avenue to Learn and will be a **timed test of 65 minutes** in length.

For equity and accessibility, there are 2 test times offered on July 29. Students will only write the test at one of the times – it is up to each student to choose which time to write the test on July 29, 2020:

- 10-10:30am on July 29, 2020: Test will be accessible from 10-10:30 am, with 65 minutes to complete the test from when you log in
- 1-1:30pm on July 29, 2020: Test will be accessible from 1-1:30pm, with 65 minutes to complete the test from when you log in

This test is open-book, meaning that you can use your lecture notes and text as resources while writing the test. However, you are not allowed to collaborate with peers nor are you able to take screen shots, post photos, post questions online,

access webpages for answers, or any similar behaviour/activity etc., as doing so is a form of academic dishonesty. Please see the policy [here](#) for more information. Additionally, your actions while writing the test in Avenue will be restricted as you will not be able to right-click or access other features within Avenue. Strategies are therefore in place to prevent academic dishonesty when writing the online test. Please remember that an open book testing format does not mean you do not need to keep up with class learning content or study for the tests.

If this test is missed, only Faculty-approved absences will be offered consideration for a re-write. As the test is worth 40%, students must visit their respective Faculty office with appropriate documentation for the Faculty to review as the test is not eligible for an online MSAF. If Faculty approval is obtained, the make-up date for the test is **Friday July 31, 2020 at 10am**. No other date or time will be offered. It is your responsibility to attend scheduled test dates. In the event of any [extreme circumstances \(see policy\)](#) that prevent the test from being held online on the scheduled test date of July 29, the test will be rescheduled to launch online on Avenue to Learn the following day (July 30) with the same two access times (10-10:30am and 1-1:30pm). While it is extremely unlikely that our test will not be held as scheduled online on July 29, it is important to have a contingency plan in place so that the test can be completed as soon as possible without disruption.

Mini-quiz on globalization and ethics issues in health and health care - 2%, available from 9am to 5pm on Tuesday August 4, 2020 on Avenue to Learn
There will be an online mini-quiz available from 9am-5pm on Tuesday August 4, 2020, based on our module on globalization and ethical issues in health and health care. This mini-quiz contains 4 questions and is worth 2% of your final grade. **This is a timed quiz of 10 minutes. If the quiz is missed, there is no opportunity to write the mini-quiz at a later date. Please plan accordingly to write the quiz during the available timeframe.**

Weekly Course Schedule and Required Readings

Module 1: June 22, 2020 to July 8, 2020

Introduction to the course

Readings:

- No assigned readings

Self-direct learning lecture content:

- PowerPoint slides (identical PDF document)
- Audio recording and transcript

Part 1 - Introduction To Critical Health Studies and Disciplinarity in Health Studies

Readings:

- Text: Chapters 1 and 2

Self-direct learning lecture content:

- PowerPoint slides (identical PDF document)
- Additional detailed lecture notes (Word and PDF document)
- Audio recording and transcript

Part 2 - Social Construction of Health

Readings:

- Text: Chapter 3 and 8

Self-direct learning lecture content:

- PowerPoint slides (identical PDF document)
- Additional detailed lecture notes (Word and PDF document)
- Audio recording and transcript

Part 3 - Social Determinants of Health - Part 1 - Concepts and Frameworks

Readings:

- Text: Chapter 10

Self-direct learning lecture content:

- PowerPoint slides (identical PDF document)
- Additional detailed lecture notes (Word and PDF document)
- Audio recording and transcript

Part 4 - Social Determinants of Health - Part 2 - Culture and Identity (Social Class)

Readings:

- Text: Chapters 4 and Chapter 5 (pages 82-86)

Self-direct learning lecture content:

- PowerPoint slides (identical PDF document)
- Additional detailed lecture notes (Word and PDF document)
- Audio recording and transcript

Notes for Module 1:

- **JULY 1 – NO EMAILS ON JULY 1 – CANADA DAY – UNIVERSITY IS CLOSED**
- **TEST 1 ON WEDNESDAY JULY 8, 33% OF FINAL GRADE (TESTING LECTURE AND ASSIGNED READING MATERIAL FROM MODULE 1)**

- For equity and accessibility, there are 2 test times offered on July 8. Students will only write the test at one of the times – it is up to each student to choose which time to write the test on July 8, 2020:
 - 10-10:30am on July 8, 2020: Test will be accessible from 10-10:30 am, with 65 minutes to complete the test from when you log in
 - 1-1:30pm on July 8, 2020: Test will be accessible from 1-1:30pm, with 65 minutes to complete the test from when you log in

Module 2: July 9, 2020 to July 29, 2020

Part 1 - Social Determinants of Health - Part 3 - Social Identity

Readings:

- Text: Chapter 5, p.87-98

Self-direct learning lecture content:

- PowerPoint slides (identical PDF document)
- Additional detailed lecture notes (Word and PDF document)
- Audio recording and transcript

Part 2 - Health Care Systems

Readings:

- Text: Chapter 9

Self-direct learning lecture content:

- PowerPoint slides (identical PDF document)
- Additional detailed lecture notes (Word and PDF document)
- Audio recording and transcript

Part 3 - Health Care Consumerism

Readings:

- Text: Chapter 12

Self-direct learning lecture content:

- PowerPoint slides (identical PDF document)
- Additional detailed lecture notes (Word and PDF document)
- Audio recording and transcript

Part 4 - Health Care Technology

Readings:

- Text: Chapter 13

Self-direct learning lecture content:

- PowerPoint slides (identical PDF document)
- Additional detailed lecture notes (Word and PDF document)
- Audio recording and transcript

Notes for Module 2:

- **TEST 2 ON WEDNESDAY JULY 29, 2020, 40% OF FINAL GRADE (TESTING LECTURE AND ASSIGNED READING MATERIAL FROM MODULES PART 2)**
 - For equity and accessibility, there are 2 test times offered on July 29. Students will only write the test at one of the times – it is up to each student to choose which time to write the test on July 29, 2020:
 - 10-10:30am on July 29, 2020: Test will be accessible from 10-10:30 am, with 65 minutes to complete the test from when you log in
 - 1-1:30pm on July 29, 2020: Test will be accessible from 1-1:30pm, with 65 minutes to complete the test from when you log in

Module 3: July 30, 2020 to August 7, 2020

Part 1 - Globalization and Ethical Issues in Health and Health Care

Readings:

- Text: Chapters 7 and 14

Self-direct learning lecture content:

- PowerPoint slides (identical PDF document)
- Additional detailed lecture notes (Word and PDF document)
- Audio recording and transcript

Notes:

- **AUGUST 3 – NO EMAILS ON AUGUST 3 – CIVIC HOLIDAY – UNIVERSITY IS CLOSED**
- **MINI-QUIZ ON TUESDAY AUGUST 4, 2020, AVAILABLE FROM 9AM-5PM, 2% OF FINAL GRADE (TESTING LECTURE AND ASSIGNED READING MATERIAL FROM MODULE PART 3)**

Course Policies

Submission of Written Assignments

Your assignments should be typed and double-spaced in either 10- or 12-point Times New Roman or Arial font. Please submit your assignments to the drop-box on Avenue to Learn on the day that they are due. Emailed assignments will NOT be accepted. Please refer to assignment handouts for information on how, when and where to submit your assignments.

Assignments and exams are marked fairly and carefully. However, in the event that a student disagrees with their mark, the following procedure will be followed:

1. The student must write a detailed one-page note emailed to the TA outlining the reason for the review of the mark. This note must be attached to the original assignment and emailed to the teaching assistant
2. The teaching assistant will review the request and review the original assignment and provide the student with written feedback via email
3. Students must not submit a request for review any earlier than 2 days after the papers are returned and no later than 1 week after
4. If the student is still unsatisfied with the review given by the teaching assistant, the student may go through step 1 again and submit to Dr. Clancy. Dr. Clancy will review the request and review the original assignment and provide the student with written feedback via email
5. Please note that upon re-review, there is a chance that the new grade may be lower than the original grade received

Grades

Grades will be based on the McMaster University grading scale:

MARK	GRADE
90-100	A+
85-90	A
80-84	A-
77-79	B+
73-76	B
70-72	B-
67-69	C+
63-66	C
60-62	C-
57-59	D+
53-56	D
50-52	D-
0-49	F

Late Assignments

The due dates for all assignments are fixed and non-negotiable. There will be a deduction of 15% per day for all late assignments, including weekends (15% for the whole weekend). If an assignment is due on Wednesday, but handed in or after 12:00am on Thursday, the deduction will be 15% for that day and so on. Deductions are calculated per day, not per 24 hour period. No assignments will be accepted 3 days after the original due date. Please refer to assignment handouts for exact dates. Any late papers/assignments will receive a grade only; no comments.

Avenue to Learn

In this course we will be using Avenue to Learn. Students should be aware that, when they access the electronic components of this course, private information such as first and last names, user names for the McMaster e-mail accounts, and program affiliation may become apparent to all other students in the same course. The available information is dependent on the technology used. Continuation in this course will be deemed consent to this disclosure. If you have any questions or concerns about such disclosure, please discuss this with the course instructor.

Office Hours and Email Communication

Every Tuesday of the term, I will be available from 9:30-10:30am in the chat on Avenue to Learn for questions you have about the course content (starting the week of June 29, 2020). Please be aware: this is not a private discussion. Alternatively, I am also available by email (clancysj@mcmaster.ca). Please use proper email etiquette when sending an email: include the course name in your subject line; provide a salutation (Dear Dr. Clancy); and include your name and student number. **Emails will be answered Monday-Friday between 9am and 4:30pm. You can expect a response to your email within 48 hours, excluding weekends and holidays.** Your teaching assistant will also hold 'office hours' in the Avenue chat once a week (time/date TBD). Your TA is available by email as well, Monday-Friday between 9-4:30pm. Please allow up to 48 hours for a response, excluding weekends and holidays.

University Policies

Conduct Expectations

As a McMaster student, you have the right to experience, and the responsibility to demonstrate, respectful and dignified interactions within all of our living, learning and working communities. These expectations are described in the [Code of Student Rights & Responsibilities](#) (the "Code"). All students share the responsibility of maintaining a positive environment for the academic and personal growth of all McMaster community members, **whether in person or online.**

It is essential that students be mindful of their interactions online, as the Code remains in effect in virtual learning environments. The Code applies to any interactions that adversely affect, disrupt, or interfere with reasonable participation in University activities. Student disruptions or behaviours that interfere with university functions on online platforms (e.g. use of Avenue 2 Learn, WebEx or Zoom for delivery), will be taken very seriously and will be investigated. Outcomes may include restriction or removal of the involved students' access to these platforms.

Requests for Relief for Missed Academic Term Work

McMaster Student Absence Form (MSAF): In the event of an absence for medical or other reasons, students should review and follow the Academic Regulation in the Undergraduate Calendar "Requests for Relief for Missed Academic Term Work".

A reminder: All MSAFs must go through the course instructor (Dr. Clancy) for approval; please do not submit your TA's name as the instructor for any MSAF submitted for the course. These and other incorrectly filed MSAFs will not be offered consideration for missed work.

Academic Integrity and Honesty

As a McMaster student, you are expected to exhibit honesty and ethical behaviour in all aspects of the learning process. The academic credentials that you earn are rooted in the principles of honesty and academic integrity.

Academic dishonesty is to knowingly act or fail to act in a way that results or could result in unearned academic credit or advantage. This behaviour can result in serious consequences, (e.g., the grade of zero on an assignment, loss of credit with a notation on the transcript which reads: "Grade of F assigned for academic dishonesty") and/or suspension of expulsion from the university).

It is your responsibility to understand what constitutes academic dishonesty. For information on the various types of academic dishonesty please refer to the [Academic Integrity Policy](#).

Some helpful information can be found [here](#)

When you complete the online tests, you will be required to acknowledge the following statement:

Academic integrity in online tests and exams

McMaster values the importance of academic integrity in all of our work. The following text has been provided by the McMaster Office of Academic Integrity as a sample statement for use in online tests and exams.

By submitting this work, I certify that the work represents solely my own independent efforts. I confirm that I am expected to exhibit honesty and use ethical behaviour in all aspects of the learning process. I confirm that it is my responsibility to understand what constitutes academic dishonesty under the Academic Integrity Policy.

Academic Accommodation of Students with Disabilities

Students with disabilities who require academic accommodation must contact [Student Accessibility Services](#) (SAS) at 905-525-9140 ext. 28652 or sas@mcmaster.ca to make arrangements with a Program Coordinator. For further information, consult McMaster University's [Academic Accommodation of Students with Disabilities](#) policy.

If you require this course outline in an alternate/accessible format, please contact the Honours Social Psychology Program (ext. 22241 | e-mail: socpsy@mcmaster.ca).

Academic Accommodation for Religious, Indigenous or Spiritual Observances (RISO)

Students requiring academic accommodation based on religious, indigenous or spiritual observances should follow the procedures set out in the [RISO](#) policy. Students should submit their request to their Faculty Office **normally within 10 working days** of the beginning of term in which they anticipate a need for accommodation or to the Registrar's Office prior to their examinations. Students should also contact their instructors as soon as possible to make alternative arrangements for classes, assignments, and tests.

Faculty of Social Sciences E-mail Communication Policy

Effective September 1, 2010, it is the policy of the Faculty of Social Sciences that all e-mail communication sent from students to instructors (including TAs), and from students to staff, must originate from the student's own McMaster University e-mail account. This policy protects confidentiality and confirms the identity of the student. It is the student's responsibility to ensure that communication is sent to the university from a McMaster account. If an instructor becomes aware that a communication has come from an alternate address, the instructor may not reply at his or her discretion.

Online Course Behaviour

McMaster is committed to an inclusive and respectful community. These principles and expectations extend to online activities including electronic chat groups, video calls and other learning platforms. If you are concerned about your virtual classroom experiences, the [Equity and Inclusion Office \(EIO\)](#) is available to advise and assist students who may be experiencing any equity, accessibility, inclusion, harassment, discrimination or sexual violence concerns. You can reach the EIO at equity@mcmaster.ca. Thank you for joining us in ensuring that our McMaster online communities are spaces where no one feels excluded and everyone is able to enjoy learning together.

Sharing and Posting of Course Material is Prohibited

Students who have access to authorized recorded lectures in a course may use these recordings only for personal or group study and should not reproduce, share or upload the recording to any publicly accessible web environment. Similarly, notes, slides, evaluations and tests are for personal use and should not be shared with others outside of a course.

Copyright and Recording

Students are advised that lectures, demonstrations, performances, and any other course material provided by an instructor include copyright protected works. The Copyright Act and copyright law protect every original literary, dramatic, musical and artistic work, **including lectures** by University instructors.

The recording of lectures, tutorials, or other methods of instruction may occur during a course. Recording may be done by either the instructor for the purpose of authorized distribution, or by a student for the purpose of personal study. Students should be aware

that their voice and/or image may be recorded by others during the class. Please speak with the instructor if this is a concern for you.

Course Modification

The instructor and university reserve the right to modify elements of the course during the term. The university may change the dates and deadlines for any or all courses in extreme circumstances. If either type of modification becomes necessary, reasonable notice and communication with the students will be given with explanation and the opportunity to comment on changes. It is the responsibility of the student to check their McMaster email and course websites weekly during the term and to note any changes.

Extreme Circumstances

The University reserves the right to change the dates and deadlines for any or all courses in extreme circumstances (e.g., severe weather, labour disruptions, etc.). Changes will be communicated through regular McMaster communication channels, such as McMaster Daily News, A2L and/or McMaster email.