

**HEALTH, AGING AND SOCIETY 1AA3E:
INTRODUCTION TO HEALTH AND SOCIETY
Fall 2018**

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Lecture: Tuesdays 7-9pm; please see
your personal timetable for your tutorial
time slot

Office: KTH 207
Office Hours: Wednesdays 2-3pm;
Fridays 2-3pm by appointment only

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Course Description

This course will critically examine social, political, cultural, economic, and professional/institutional factors that impact both our perceptions of and actual states of health, wellness, well-being, illness, and health care. In order to explore the diverse field of health studies, the course is divided in three parts. In the first part of the course, we will learn about the field of health studies, as well as what critical health studies is; examine how health, illness, wellness and well-being are socially constructed; and finally, discuss the social determinants of health. The second part of the course will examine health care systems; health care policies; the use of technology; and, health consumerism. The third part of the course explores globalization; ethics in health and health care; health care advocacy and social movements, as well as alternative and complementary approaches to health and health care.

Course Objectives

- Gain a critical understanding of the field of health studies
- Understand how definitions and states of health, wellness, well-being, and illness are constructed
- Explore how the social determinants of health impact our states of health, illness, wellness and well-being
- Examine different health care systems and policies to determine how systems of health impact individual and population health
- Learn about different health advocacy groups and their role in the construction of health and illness
- Explore the role of technology and health consumerism in health and illness
- Understand the diversity of ethical issues in health and health care
- Improve critical reflection skills, as well as research and writing skills through completion of assignments and in-class/tutorial discussions
- Engage in scholarly debate with classroom colleagues through in-class/in-tutorial participation and in tutorial activities

Materials and Texts

Required Text

- Gillett, James, Andrews, Gavin J., and Savelli, Mat. 2016. *Health and Society: Critical Perspectives*. Don Mills, Ontario: Oxford University Press.
 - A cost-free copy of the text will be placed on 2-hour reserve in Mills Library

Recommended Text

- Haig, J., MacMillan, V., Raikes, G. (2010). *Cites & sources, An APA documentation guide*, (3rd ed.). Toronto: Nelson.
 - Newer editions are also fine

Class Format

This is an interactive lecture style course held on Tuesdays from 7-9pm. Lectures may include the use of video clips, when applicable, to illustrate course material, as well as in-class discussions. There are also tutorials held almost every week; please see the schedule below for more detail. Tutorials will involve small group and/or individual activities. Please refer to the [course evaluation](#) and [course schedule](#) below for more details about the tutorial activities. Please consult your timetable in Mosaic for your scheduled tutorial time and location.

Course Evaluation – Overview

1. Individually or group written paper - 25%, due on October 2, 2018 in hard copy at the start of class
2. Test 1 - 30%, on October 16, 2018
3. Test 2 - 35%, on November 27, 2018
4. Attendance and participation in tutorial assignments and activities - 10%
 - a. Attendance - 2% - Throughout the term
 - b. Social Determinants of Health Part 1 Tutorial Activity - 2%, Week of September 24
 - c. Social Determinants of Health Part 3 Tutorial Activity - 2%, Week of October 22
 - d. Health Care Systems Tutorial Activity - 2%, Week of October 29
 - e. Health Care Consumerism Tutorial Activity - 1%, Week of November 5
 - f. Health Care Technology Tutorial Activity - 1%, Week of November 12

Course Evaluation – Details

Individually or Group Written Paper - 25%, due on October 2, 2018

In this assignment, you will look more deeply at social movements and other health and healing practices known as complementary and alternative health. The assignment requires that you define, provide an example, and outline the need/impact of each required group or movement under discussion. You have the option of writing this assignment individually or with one other classmate (2 people per group maximum). If you choose to write the assignment as a group of 2, both students must contribute equally to the assignment; both individuals will receive the same grade. You also must cite properly using APA format throughout the assignment. You cannot use examples that are discussed in the textbook; this assignment requires that you do research to learn more about health social movements and complementary and alternative health providers. Please refer to Avenue to Learn for the assignment handout, assignment template, as well as a marking rubric that your TAs will use to mark the assignment fairly and consistently. The written portion of the assignment, not including title page and references, should be no more than 3 pages in length. More information, including assignment guidelines, will be posted on Avenue to Learn during the first week of class.

Test 1 - 30%, on October 16, 2018

This test will consist of multiple choice/true and false questions and will test your knowledge of both lecture material (including any films and/or video clips, etc., viewed in lecture) and assigned readings. If this test is missed, only Faculty-approved absences will be offered consideration for a re-write. As the test is worth 30%, students must visit their respective Faculty office with appropriate documentation for the Faculty to review as the test is not eligible for an online MSAF. If Faculty approval is obtained, the make-up date for the test is Friday November 2 from 1:30pm-3pm. No other date or time will be offered. It is your responsibility to attend scheduled test dates.

Test 2 - 35%, on November 27, 2018

This test will consist of multiple choice/true and false questions and will test your knowledge of both lecture material (including any films and/or video clips, etc., viewed in lecture) and assigned readings. If this test is missed, only Faculty-approved absences will be offered consideration for a re-write. As the test is worth 35%, students must visit their respective Faculty office with appropriate documentation for the Faculty to review as the test is not eligible for an online MSAF. If Faculty approval is obtained, the make-up date for the test is Friday December 7 from 10am-11:30am. No other date or time will be offered. It is your responsibility to attend scheduled test dates.

Tutorial Attendance and Participation - 10%, Throughout The Term

At different points during the term, you will complete activities and exercises in tutorial that help expand your knowledge of health and society. These activities and exercises account for 8% of your final grade (1%-2% per activity/exercise). Your teaching assistant (TA) will provide further details on these activities and exercises in tutorial. You can find a brief discussion of each activity below. Additionally, the remaining 2% is allotted to attendance and participation in weekly tutorials throughout the term. Your TA will provide further details in tutorial. For all tutorial activities: as part of the continued commitment to accessible learning in the class, all students will have the option of working in the small groups in tutorial or writing a one-page written statement and/or an audio-recorded summary on the weekly assigned activities. If students opt for the written statement and/or audio-recorded summary, the statement/summary will be due by 11:59pm on the day of your assigned tutorial. Please connect with your TA regarding submission details for this option. Regardless of the participation method selected, all submissions will be marked using the same rubric.

- **Social Determinants of Health Part 1 Tutorial Activity - 2% - Week of September 24**
 - This tutorial exercise is worth 2% of your final grade. Working in small groups, you will be exploring real-life examples of health, illness and wellness to learn about the different models and/or explanations for positive or ill health. A marking rubric will be provided on Avenue.
- **Social Determinants of Health Part 3 Tutorial Activity - 2% - Week of October 22**

- This tutorial exercise is worth 2% of your final grade. Working in small groups, you will be exploring narratives of health, illness and wellness to learn about the intersection of factors impacting one's health experience. A marking rubric will be provided on Avenue.
- **Health Care Systems Tutorial Activity - 2% - Week of October 29**
 - The tutorial class will be divided into 4 groups for a tutorial debate/discussion (2 groups per topic assigned). Each group will have 10 minutes to prepare their side. Each debate will last 10 minutes, with 5 minutes given to each side to present their arguments. This tutorial exercise is worth 2% of your final grade. A marking rubric will be provided on Avenue.
- **Health Care Consumerism Tutorial Activity - 1% - Week of November 5**
 - Working in groups of 2 or 3, students will find, locate and discuss an example of direct-to-consumer advertising in health and health care. In discussing the example, each group will note what product is being advertised, the target market, as well as the positive and negative implications of this type of advertising. This tutorial exercise is worth 1% of your final grade. A marking rubric will be provided on Avenue.
- **Health Care Technology Tutorial Activity - 1% - Week of November 12**
 - Working in groups of 2 or 3, students will find, locate and discuss an example of health care technology used in one's place of residence, as well as an example that is used in a medical center (for example, a practitioner's office, a hospital, long-term care system, etc.,). In discussing the example, each group will note the type of health care technology, the target market of this technology, the helpfulness of the technology, as well as the accessibility and availability of this technology (i.e., can everyone have access to this type of technology?). This tutorial exercise is worth 1% of your final grade. A marking rubric will be provided on Avenue.

Weekly Course Schedule and Required Readings

Week 1 (September 4, 2018)

September 4 - Introduction to the Course and Discussion of Individually or Group Written Assignment

Readings:

- No assigned readings

Notes:

- No tutorials this week

Week 2 (September 11, 2018)

September 11 - Introduction To Critical Health Studies and Disciplinarity in Health Studies

Readings:

- Text: Chapters 1 and 2

Notes:

- No tutorials this week

Week 3 (September 18, 2018)

September 18 - Social Construction of Health

Readings:

- Text: Chapter 3 and 8

Notes:

- Tutorials begin this week; tutorials will focus on introductions/getting to know one another, as well as discuss the upcoming individually or group written assignment, due on October 2, 2018

Week 4 (September 25, 2018)

September 25 - Social Determinants of Health - Part 1 - Concepts and Frameworks

Readings:

- Text: Chapter 10

Notes:

- Tutorials this week will examine real-life examples of health, illness and wellness to learn about the different models and/or explanations for positive or ill health. This activity is worth 2% of your final grade.

Week 5 (October 2, 2018)

October 2 - Social Determinants of Health - Part 2 - Culture and Identity (Social Class)

Readings:

- Text: Chapter 4 and Chapter 5, pages 82-86

Notes:

- **INDIVIDUALLY OR GROUP WRITTEN ASSIGNMENT - 25%, DUE TODAY IN HARD COPY AT THE START OF CLASS.** Tutorials this week will focus on a Test 1 review.

Week 6 (October 9, 2018)

October 9 – Fall Break - No classes, office hours or tutorials this week

Week 7 (October 16, 2018)

October 16– Test 1 today, 30%, 7-8:30PM

Readings:

- No assigned readings

Notes:

- **TEST 1 IN CLASS TODAY, 30%, 7-8:30PM;** No tutorials this week

Week 8 (October 23, 2018)

October 23 - Social Determinants of Health - Part 3 - Social Identity

Readings:

- Text: Chapter 5, p.87-98

Notes:

- Tutorials this week. Tutorials this week will examine narratives of health, illness and wellness to learn about the intersection of factors impacting one's health experience. This activity is worth 2% of your final grade.

Week 9 (October 30, 2018)

October 30 – Health Care Systems

Readings:

- Text: Chapter 9

Notes:

- Tutorials this week. Tutorials will involve class debates on two topics relevant to health care systems. This activity is worth 2% of your final grade.

Week 10 (November 6, 2018)

November 6 – Health Care Consumerism

Readings:

- Text: Chapter 12

Notes:

- Tutorials this week. Tutorials this week will examine direct-to-consumer advertising in health and health care and its impacts on citizens. This activity is worth 1% of your final grade.

Week 11 (November 13, 2018)

November 13– Health Care Technology

Readings:

- Text: Chapter 13

Notes:

- Tutorials this week. Tutorials this week will explore the use of health care technology and its availability and accessibility. This activity is worth 1% of your final grade.

Week 12 (November 20, 2018)

November 20 – Globalization and Ethical Issues in Health and Health Care

Readings:

- Text: Chapters 7 and 14

Notes:

- Last week of tutorials; Tutorials this week will focus on a Test 2 review.

Week 13 (November 27, 2018)

November 27 – Test 2 today, 35%, 7-8:30PM

Readings:

- No assigned readings

Notes:

- **TEST 2 IN CLASS TODAY, 35%, 7-8:30PM;** No tutorials this week

Week 14 (December 4, 2018)

December 4 – Course wrap-up and course evaluations

Readings:

- No assigned readings

Notes:

- No tutorials this week

Course Policies

Submission of Written Assignments

Your assignments should be typed and double-spaced in either 10 or 12 point Times New Roman or Arial font. Please submit your assignments (hard copies only) in class on the day that they are due. Faxed or emailed assignments will NOT be accepted. Please refer to assignment handouts for information on how, when and where to submit your assignments.

Assignments and exams are marked fairly and carefully. However, in the event that a student disagrees with his/her mark, the following procedure will be followed:

1. The student must write a detailed one-page note (hard copy only; emails will not be accepted) outlining the reason for the review of the mark. This note must be attached to the original assignment and handed in to the teaching assistant
2. The teaching assistant will review the request and review the original assignment and provide the student with written feedback
3. Students must not submit a request for review any earlier than 2 days after the paper are returned and no later than 1 week after
4. If the student is still unsatisfied with the review given by the teaching assistant, the student may go through step 1 again and submit to the instructor. The instructor will review the request and review the original assignment and provide the student with written feedback
5. Please note that upon re-review, there is a chance that the new grade may be lower than the original grade received

Grades

Grades will be based on the McMaster University grading scale:

MARK	GRADE
90-100	A+
85-90	A
80-84	A-
77-79	B+
73-76	B
70-72	B-
67-69	C+
63-66	C
60-62	C-
57-59	D+
53-56	D
50-52	D-
0-49	F

Late Assignments

The due dates for all assignments are fixed and non-negotiable. There will be a deduction of 15% per day for all late assignments, including weekends (15% for the whole weekend). If an assignment is due on Tuesday, but handed in or after 12:00am on Wednesday, the deduction will be 15% for that day and so on. Deductions are calculated per day, not per 24 hour period. No assignments will be accepted 3 days after the original due date. Please refer to assignment handouts for exact dates. Any late papers/assignments will receive a grade only; no comments.

Absences, Missed Work, Illness

In the event of an absence for medical or other reasons, students should review and follow the Academic Regulation in the Undergraduate Calendar "Requests for Relief for

Missed Academic Term Work". Please note these regulations have changed beginning Fall 2015.

The McMaster Student Absence Form (<http://www.mcmaster.ca/msaf/>) is a self-reporting tool for Undergraduate Students to report absences that last up to 3 days and provides the ability to request accommodation for any missed academic work. Please note, this tool cannot be used during any final examination period.

You may submit a maximum of 1 Academic Work Missed request per term. It is YOUR responsibility to follow up with your instructor immediately regarding the nature of the accommodation.

If you are absent more than 3 days, exceed 1 request per term, or are absent for a reason other than medical, you MUST visit your Associate Dean's Office (Faculty Office). You may be required to provide supporting documentation.

This form should be filled out when you are about to return to class after your absence.

Avenue to Learn

In this course we will be using Avenue to Learn. Students should be aware that, when they access the electronic components of this course, private information such as first and last names, user names for the McMaster e-mail accounts, and program affiliation may become apparent to all other students in the same course. The available information is dependent on the technology used. Continuation in this course will be deemed consent to this disclosure. If you have any questions or concerns about such disclosure please discuss this with the course instructor.

Computer Use In The Classroom

Computer use in the classroom is intended to facilitate learning in that particular lecture or tutorial. At the discretion of the instructor, students using a computer for any other purpose may be required to turn the computer off for the remainder of the lecture or tutorial.

Office Hours and Email Communication

I maintain regular office hours on Wednesdays from 2-3 pm - no appointment is necessary. Friday office hours, from 2-3pm, are by appointment only. Please email me by Thursday at 4:30pm to meet on Friday. I am also available by email (clancysj@mcmaster.ca). Please use proper email etiquette when sending an email: include the course name in your subject line; provide a salutation (Dear Dr. Clancy); and include your name and student number. You can expect a response to your email within 48 hours, **excluding weekends, holidays and university scheduled breaks such as Fall break, Reading Week, etc.,.**

University Policies

Academic Integrity Statement

You are expected to exhibit honesty and use ethical behavior in all aspects of the learning process. Academic credentials you earn are rooted in principles of honesty and academic integrity.

Academic dishonesty is to knowingly act or fail to act in a way that results or could result in unearned academic credit or advantage. This behavior can result in serious consequences, e.g. the grade of zero on an assignment, loss of credit with a notation on the transcript (notation reads: "Grade of F assigned for academic dishonesty"), and/or suspension or expulsion from the university.

It is your responsibility to understand what constitutes academic dishonesty. For information on the various types of academic dishonesty please refer to the Academic Integrity Policy, located at www.mcmaster.ca/academicintegrity.

The following illustrates only three forms of academic dishonesty:

1. Plagiarism, e.g. the submission of work that is not one's own or for which credit has been obtained.
2. Improper collaboration in group work.
3. Copying or using unauthorized aids in tests and examinations.

Academic Accommodation of Students with Disabilities

Students who require academic accommodation must contact Student Accessibility Services (SAS) to make arrangements with a Program Coordinator. Academic accommodations must be arranged for each term of study. Student Accessibility Services can be contacted by phone 905-525-9140 ext. 28652 or e-mail sas@mcmaster.ca. For further information, consult McMaster University's Policy for [Academic Accommodation of Students with Disabilities](#).

Religious, Indigenous and Spiritual Observances (RISO)

The University recognizes that, on occasion, the timing of a student's religious, Indigenous, or spiritual observances and that of their academic obligations may conflict. In such cases, the University will provide reasonable academic accommodation for students that is consistent with the Ontario Human Rights Code.

Please review the [RISO information for students in the Faculty of Social Sciences](#) about how to request accommodation.

Faculty of Social Sciences E-mail Communication Policy

Effective September 1, 2010, it is the policy of the Faculty of Social Sciences that all e-mail communication sent from students to instructors (including TAs), and from students to staff, must originate from the student's own McMaster University e-mail account. This

policy protects confidentiality and confirms the identity of the student. It is the student's responsibility to ensure that communication is sent to the university from a McMaster account. If an instructor becomes aware that a communication has come from an alternate address, the instructor may not reply at his or her discretion.

Course Modification

The instructor and university reserve the right to modify elements of the course during the term. The university may change the dates and deadlines for any or all courses in extreme circumstances. If either type of modification becomes necessary, reasonable notice and communication with the students will be given with explanation and the opportunity to comment on changes. It is the responsibility of the student to check his/her McMaster email and course websites weekly during the term and to note any changes.