

CONTINUUM OF CARE Fall 2020

Instructor: Larkin Lamarche (pronouns they/them)

Email: lamarche@mcmaster.ca

Lecture: Monday 7-10PM

Virtual office: Email/Teams chat/video

Virtual office hour: Monday 5-6PM
(through Microsoft Teams chat), or by appointment

Contents

Course Description.....	3
Course Objectives.....	3
Required Materials and Texts	3
Class Format.....	3
Course Evaluation – Overview.....	3
Course Evaluation – Details.....	4
Test 1 (20%), scheduled to be available the day of Oct 5 th	4
Test 2 (25%), scheduled the day of Nov 23 rd	4
Assignment 1 (20%), due Nov 9 th by 7:00PM (EST)	4
Assignment 2 (35%), due Dec 7 th by 7:00PM (EST)	4
Weekly Course Schedule and Required Readings	4
Week 1 (Sept. 14).....	4
Week 2 (Sept 21).....	4
Week 3 (Sept 28).....	5
Week 4 (Oct 5).....	5
Week 5 (Oct 12).....	5
Week 6 (Oct 19).....	5
Week 7 (Oct 26).....	5
Week 8 (Nov 2).....	5
Week 9 (Nov 9).....	5
Week 10 (Nov 16).....	6
Week 11 (Nov 23).....	6
Week 12 (Nov 30).....	6
Week 13 (Dec 7).....	6
Course Policies	6

Submission of Assignments	6
Grades	6
Late Assignments	6
Academic Integrity Statement.....	7
Requests For Relief For Missed Academic Term Work.....	7
Copyright and Recording	7
Avenue to Learn	8
Authenticity / Plagiarism Detection	8
Course Modification	8
University Policies	8
Conduct Expectations.....	8
Academic Accommodation of Students With Disabilities	9
Academic Accommodation For Religious, Indigenous or Spiritual Observances (RISO).....	9
Faculty of Social Sciences E-mail Communication Policy.....	9
Extreme Circumstances.....	9

Course Description

This course will critically examine the continuum of care options for older adults needing support and services in later life. Some of the topics addressed include quality of life and quality of care issues, challenges involved in care integration across the continuum, environmental design, human diversity and long term care needs, formal and informal support, as well as policy and funding issues.

Course Objectives

By the end of the course you should be able to:

- Define continuum of care and identify its components
- Define quality of care, how it can be measured and describe issues related to its measurement across the system
- Describe and critically examine points in the continuum of care
- Describe integrated care and elements of a national strategy for seniors in Canada
- Reflect on concepts of death and dying and the value of older adults across cultures
- Critically reflect on your own values, views and biases about care options
- Develop your own advance care plan and reflect on the process

Required Materials and Texts

- There is no required textbook
- Any readings/podcast links for the course will be made available on Avenue to Learn

Class Format

Class is lecture only. The class is a blend of synchronous and asynchronous learning. This means sometimes we are all online together at the same time (7-10PM) for lecture (synchronous) and sometimes you are working through the material at your pace; that is, lectures are pre-recorded and posted for you to view at the time that works for you in the week (asynchronous). Readings and podcasts will be used to compliment lecture material. Avenue to Learn will be used as 'home base' for all course information and Microsoft Teams will be used for lecture streaming and office hours. Recordings of all lecture will be posted on Avenue to Learn.

Course Evaluation – Overview

1. Test 1 – 20%, available on Oct 5 at 8:30AM (EST), drop box closed Oct 6 at 8:30AM (EST)
2. Test 2 – 30%, available on Nov 23 at 8:30AM (EST), drop box closed Nov 24 at 8:30AM (EST)

3. Assignment 1: Reflections on death and dying across cultures – 20%, due Nov 9 by 7PM (EST)
4. Assignment 2: Your advance care plan – 35%, due Dec 7 by 7PM (EST)

Course Evaluation – Details

Test 1 (20%), scheduled to be available the day of Oct 5th

This test will cover material from Sept 14, 21, and 28. It will be an open book test with multiple choice and short answer questions. You will have 24 hours to finish the test. The test will be made available at 8:30am (EST) on Oct 5th and the drop box will close at 8:30am (EST) on Oct 6th.

Test 2 (25%), scheduled the day of Nov 23rd

This test will cover material from Oct 19, 26, Nov. 29, and 16. It will be an open book test with multiple choice and short answer questions. You will have 24 hours to finish the test. The test will be made available at 8:30am (EST) on Nov 23rd and the drop box will close at 8:30am (EST) on Nov 24th.

Assignment 1 (20%), due Nov 9th by 7:00PM (EST)

For this assignment you will reflect on the concept of death and dying from your own cultural background and from a different cultural perspective, using symbols. More detailed information is found on Avenue to Learn under 'Assignment Information'.

Assignment 2 (35%), due Dec 7th by 7:00PM (EST)

For this assignment you will go through the process of developing your advance care plan through [Speak Up](#) workbook (for Ontario). More detailed information is found on Avenue to Learn under 'Assignment Information'.

Weekly Course Schedule and Required Readings

Week 1 (Sept. 14)

Sept 14 – Defining continuum of care; Quality of care indicators

Readings: Haggerty, J. L., Reid, R. J., Freeman, G. K., Starfield, B. H., Adair, C. E., & McKendry, R. (2003). Continuity of care: A multidisciplinary review. *BMJ*, 327(7425), 1219-1221. <https://doi.org/10.1136/bmj.327.7425.1219>

Hirschman, K. B., Shaid, E., McCauley, K., Pauly, M. V., & Naylor, M. D. (2015). Continuity of care: The transitional care model. *Online Journal of Issues in Nursing*, 20(3). Doi: 10.3912/OJIN.Vol20No03Man01

Week 2 (Sept 21)

Sept 21 – Death and dying across cultures

Ted Talk: Jae Rhim Lee <https://www.npr.org/2016/01/29/464434790/is-there-a-better-way-to-be-buried>

Podcast: <https://audioboom.com/posts/6747779-new-orleans-death-culture>

Week 3 (Sept 28)

Sept 28 – The concept of aging in place

No readings/podcasts this week

Week 4 (Oct 5)

Oct 5 – Test 1

Week 5 (Oct 12)

Reading Week

Week 6 (Oct 19)

Oct 19 – Caregivers, home/community care

Podcast: <https://player.fm/series/white-coat-black-art-on-cbc-radio-2434987/crisis-in-caregiving>

Week 7 (Oct 26)

Oct 26 – Long-term care

Reading: Holroyd-Leduc, J. M., & Laupacis, A. (2020). Continuing care and COVID-19: A Canadian tragedy that must not be allowed to happen again.

<https://www.cmaj.ca/content/cmaj/192/23/E632.full.pdf>

Week 8 (Nov 2)

Nov 2 – End of life care, palliative care

Podcasts:

<https://www.aboutempathy.com/episodes/2019/11/18/episode2part1maid>

<https://www.aboutempathy.com/episodes/2019/11/25/episode2part2-maid>

Week 9 (Nov 9)

Date – Underserved populations and continuum of care

Notes: Assignment 1 due

Readings: Kimmel, D. (2014). Lesbian, Gay, Bisexual, and Transgender Aging Concerns, *Clinical Gerontologist*, 37:1, 49-63.

<https://doi.org/10.1080/07317115.2014.847310>

Radermacher, H., Feldman, S., & Browning, C. (2009). Mainstream versus ethno-specific community aged care services: It's not an 'either or'. *Australasian Journal on Ageing*, 28(2), 58-63. <https://doi.org/10.1111/j.1741-6612.2008.00342.x>

Week 10 (Nov 16)

Nov 16 – Working toward integrated care

Reading: Canadian Medical Association. (2015). A policy framework to guide a national seniors strategy for Canada. *Canadian Medical Association*

Week 11 (Nov 23)

Nov 23 – Test 2

Week 12 (Nov 30)

Nov 30 – No class: work period for Assignment 2

Week 13 (Dec 7)

Dec 7 – No class: Assignment 2 due

Course Policies

Submission of Assignments

All assignments are to be submitted online via the Avenue to Learn drop-box by the deadline noted on the course outline. Assignments are to be formatted using the American Psychological Association (APA) 7th Edition guidelines. Generally, your assignment should be typed using Microsoft Word, double-spaced in 12-point Times New Roman font, 1-inch margins. Ways to format references (if included), among other style requirements can be found in the APA 7th Edition manual.

Grades

Grades will be based on the McMaster University grading scale:

MARK	GRADE
90-100	A+
85-90	A
80-84	A-
77-79	B+
73-76	B
70-72	B-
67-69	C+
63-66	C
60-62	C-
57-59	D+
53-56	D
50-52	D-
0-49	F

Late Assignments

Extensions for course assignments will only be granted under conditions of medical, family, or other extraordinary circumstances. All other late assignments will be

penalized at a rate of 5% per day. Late assignments will not be accepted after 7 days beyond the original deadline without appropriate documentation from the Office of the Associate Dean of Social Sciences. There will be no redistribution of grade breakdown for missed assignments.

Academic Integrity Statement

You are expected to exhibit honesty and use ethical behavior in all aspects of the learning process. Academic credentials you earn are rooted in principles of honesty and academic integrity.

Academic dishonesty is to knowingly act or fail to act in a way that results or could result in unearned academic credit or advantage. This behavior can result in serious consequences, e.g. the grade of zero on an assignment, loss of credit with a notation on the transcript (notation reads: “Grade of F assigned for academic dishonesty”), and/or suspension or expulsion from the university.

It is your responsibility to understand what constitutes academic dishonesty. For information on the various types of academic dishonesty please refer to the [Academic Integrity Policy](#), located at www.mcmaster.ca/academicintegrity.

The following illustrates only three forms of academic dishonesty:

- Plagiarism, e.g. the submission of work that is not one’s own or for which credit has been obtained.
- Improper collaboration in group work.
- Copying or using unauthorized aids in tests and examinations.

Requests For Relief For Missed Academic Term Work

McMaster Student Absence Form (MSAF): In the event of an absence for medical or other reasons, students should review and follow the Academic Regulation in the Undergraduate Calendar “Requests for Relief for Missed Academic Term Work”.

Copyright and Recording

Students are advised that lectures, demonstrations, performances, and any other course material provided by an instructor include copyright protected works. The Copyright Act and copyright law protect every original literary, dramatic, musical and artistic work, **including lectures** by University instructors

The recording of lectures, tutorials, or other methods of instruction may occur during a course. Recording may be done by either the instructor for the purpose of authorized distribution, or by a student for the purpose of personal study. Students should be aware that their voice and/or image may be recorded by others during the class. Please speak with the instructor if this is a concern for you.

Avenue to Learn

In this course we will be using Avenue to Learn. Students should be aware that, when they access the electronic components of this course, private information such as first and last names, user names for the McMaster e-mail accounts, and program affiliation may become apparent to all other students in the same course. The available information is dependent on the technology used. Continuation in this course will be deemed consent to this disclosure. If you have any questions or concerns about such disclosure please discuss this with the course instructor.

Authenticity / Plagiarism Detection

In this course we will be using a web-based service (Turnitin.com) to reveal authenticity and ownership of student submitted work. Students will be expected to submit their work electronically either directly to Turnitin.com or via Avenue to Learn (A2L) plagiarism detection (a service supported by Turnitin.com) so it can be checked for academic dishonesty.

Students who do not wish to submit their work through A2L and/or Turnitin.com must still submit an electronic and/or hardcopy to the instructor. No penalty will be assigned to a student who does not submit work to Turnitin.com or A2L. All submitted work is subject to normal verification that standards of academic integrity have been upheld (e.g., on-line search, other software, etc.). To see the Turnitin.com Policy, please go to www.mcmaster.ca/academicintegrity.

Course Modification

The instructor reserves the right to modify elements of the course during the term. If any modification becomes necessary, reasonable notice and communication with the students will be given with explanation and the opportunity to comment on changes. It is the responsibility of the student to check his/her McMaster email and course websites weekly during the term and to note any changes.

University Policies

Conduct Expectations

As a McMaster student, you have the right to experience, and the responsibility to demonstrate, respectful and dignified interactions within all of our living, learning and working communities. These expectations are described in the [Code of Student Rights & Responsibilities](#) (the “Code”). All students share the responsibility of maintaining a positive environment for the academic and personal growth of all McMaster community members, **whether in person or online**.

It is essential that students be mindful of their interactions online, as the Code remains in effect in virtual learning environments. The Code applies to any interactions that adversely affect, disrupt, or interfere with reasonable participation in University activities. Student disruptions or behaviours that interfere with university functions on online platforms (e.g. use of Avenue 2 Learn, WebEx or Zoom for delivery), will be

taken very seriously and will be investigated. Outcomes may include restriction or removal of the involved students' access to these platforms.

Academic Accommodation of Students With Disabilities

Students with disabilities who require academic accommodation must contact [Student Accessibility Services](#) (SAS) at 905-525-9140 ext. 28652 or sas@mcmaster.ca to make arrangements with a Program Coordinator. For further information, consult McMaster University's [Academic Accommodation of Students with Disabilities](#) policy.

Academic Accommodation For Religious, Indigenous or Spiritual Observances (RISO)

Students requiring academic accommodation based on religious, indigenous or spiritual observances should follow the procedures set out in the [RISO](#) policy. Students should submit their request to their Faculty Office **normally within 10 working days** of the beginning of term in which they anticipate a need for accommodation or to the Registrar's Office prior to their examinations. Students should also contact their instructors as soon as possible to make alternative arrangements for classes, assignments, and tests.

Faculty of Social Sciences E-mail Communication Policy

Effective September 1, 2010, it is the policy of the Faculty of Social Sciences that all e-mail communication sent from students to instructors (including TAs), and from students to staff, must originate from the student's own McMaster University e-mail account. This policy protects confidentiality and confirms the identity of the student. It is the student's responsibility to ensure that communication is sent to the university from a McMaster account. If an instructor becomes aware that a communication has come from an alternate address, the instructor may not reply at his or her discretion.

Extreme Circumstances

The University reserves the right to change the dates and deadlines for any or all courses in extreme circumstances (e.g., severe weather, labour disruptions, etc.). Changes will be communicated through regular McMaster communication channels, such as McMaster Daily News, A2L and/or McMaster email.